

How to Use a Nicotine Oral Inhaler Video

AUDIO: Music without lyrics playing through the end of the video.

TITLE ARTCARD - TEXT ON SCREEN:

How to Use a Nicotine Oral Inhaler

Nicotine oral inhaler is available by prescription only.

VISUALS: The title text is in a box. The background is animated with various inhalers and colored dots crossing diagonally behind the text box.

TEXT ON SCREEN: Begin using the oral inhaler on your quit date.

VISUALS: Quit date circled on a calendar.

TEXT ON SCREEN: Use as directed by your healthcare provider

VISUALS: Doctor shown holding an inhaler.

TEXT ON SCREEN: and the package instructions.

VISUALS: Inhaler, box, and instructions animate in.

TEXT ON SCREEN: Take short, shallow, and frequent puffs

VISUALS: A hand holding an inhaler moves into the frame.

TEXT ON SCREEN: to absorb the nicotine through your mouth and throat.

VISUALS: A person puts the inhaler to their mouth and takes three puffs while their mouth is closed.

TEXT ON SCREEN: Do not breathe the medicine deeply into your lungs.

VISUALS: Medicine moves in throat.

TEXT ON SCREEN: Do not eat or drink during use, or for 15 minutes before use.

VISUALS: Various food, beverage, and flatware items are in background.

TEXT ON SCREEN: Proper use will help you avoid side effects...

VISUALS: Solid background.

TEXT ON SCREEN: and stay quit.

VISUALS: An arm with its hand in a “thumbs up” gesture enters the frame.

TEXT ON SCREEN:

Talk to your healthcare provider for help using medicines to quit smoking.

For more help quitting, call 1-800-QUIT-NOW

VISUALS: The text is in a box. The background is animated with various inhalers and colored dots crossing diagonally behind the text box.

TEXT ON SCREEN:

This video is a part of a collaboration with the National Cancer Institute’s Smokefree.gov Initiative.

CDC does not endorse any particular organization, product, or service.

VISUALS: Joint logos of the US Department of Health and Human Services and the Centers for Disease Control and Prevention.