

Public Health Law 101



A CDC Foundational Course for
Public Health Practitioners



Public Health Law Program

<http://www.cdc.gov/phlp>



PUBLIC HEALTH LAW 101

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- Unit 1: Key Concepts of U.S. Law in Public Health Practice
- Unit 2: Ethics and the Law
- Unit 3: Administrative Law
- Unit 4: Role of the Legal Counsel
- Unit 5: Law of Public Health Surveillance, Investigations, and Emergencies
- Unit 6: Privacy and Confidentiality
- Unit 7: Infectious Diseases
- Unit 8: Environmental Public Health, Occupational Health, and Injury
- Unit 9: Chronic Diseases and Birth Defects



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Unit 7
Infectious Diseases



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Infectious Diseases: Public Health Law Issues

- As a public health official, what can you do under the law ...
 - ... if a group of parents refuses to have their elementary school children vaccinated because of fears of unsubstantiated severe side-effects?
 - ... if cases of listeriosis are diagnosed in emergency rooms in four cities around your state?
 - ... if a TB patient, after 5 days of treatment, leaves the hospital in your jurisdiction and disappears?



Unit 7 Objectives

By the end of this unit, you should:

1. Understand the balance between an individual's right to refuse vaccination and a state's basis for requiring vaccination.
2. Recognize how food regulation and food-borne disease prevention are shared responsibilities of local, state, and federal governments.
3. Be familiar with the basis for a state's authority to restrict the freedom of an individual to prevent the spread of some communicable diseases.



•Instructor: this is an essential slide, as the objectives frame the order of content included in this unit.

Federalism and Allocation of Public Health Powers

- The Constitution divides powers between the states and the federal government
- Federal Powers in public health
 - Interstate commerce
 - Foreign trade and travel
 - National security
- State Powers
 - All powers not given to the federal government
 - “Police powers” – Powers exercised by the states to enact legislation and promulgate regulations to protect public health, welfare, and morals, and to promote the common good



Federalism and Disease Control Authority

- State and local governments carry out most communicable disease control under the police power
- Federal government provides lead role in controlling diseases related to goods in interstate commerce, such as food
- Federal and state governments cooperate when:
 - Communicable disease threats cross state lines
 - Federal and state authority overlap, as in food safety



Objective 7.1

Understand the balance between an individual's right to refuse vaccination and a state's basis for requiring vaccination.



Vaccination History: Introduction of Immunizing Agents

- 1798 Smallpox
- 1885 Rabies
- 1897 Plague
- 1923 Diphtheria
- 1926 Pertussis
- 1927 Tetanus
- 1935 Yellow Fever
- 1955 Polio
(inactivated)
- 1962 Polio (oral)
- 1964 Measles
- 1967 Mumps
- 1970 Rubella
- 1981 Hepatitis B
- 1995 Hepatitis A
- 1995 Varicella



Vaccination History: Federal Vaccine Regulation

- 1813: Congress established post of vaccine agent to provide pure smallpox vaccine
- 1822: Repealed after contaminated vaccine incident
- 1944: Public Health Service Act allows regulation of biologics, including vaccines
- 1955: Division of Biologics Control became an independent entity
- Present:
 - FDA responsible for approval of all vaccines
 - Federal funds support many state and local vaccination programs



Federal Vaccination Laws

Milestones in U.S. Food and Drug Law History

<http://www.fda.gov/opacom/backgrounders/miles.html>

Vaccination History: State Vaccination Laws

- States began requiring smallpox vaccinations in the 1800s
- These laws were upheld in an opinion written by Justice Harlan in *Jacobson v. Massachusetts*, 197 U.S. 11 (1905)
- The Supreme Court held that submitting to public health measures is a duty of those living in society



Justice Harlan



The Legal-Scientific Basis for Mandatory Vaccination Laws

- Herd Immunity
 - A primary purpose of mandatory vaccination laws is to slow or prevent spread of disease in the community
 - The proportion of vaccinated persons is inversely related to the likelihood that an infected person will transmit disease
 - Vaccines that do not provide complete protection for individuals can still reduce the spread of disease in the community
- It is community (not individual) protection that justifies mandatory vaccinations



Contemporary Vaccination Laws

- **Most vaccine laws are state and local laws**
 - With few exceptions, there are no federal vaccination requirement laws
 - Exceptions include: foreign travel restrictions and OSHA laboratory worker requirements
 - Federal guidelines encourage vaccination
- **Target populations**
 - Children
 - Special populations and settings



Childhood Immunization Laws

- **Enforcement is through school exclusion**
 - Children must be vaccinated to attend school
 - Requirements monitored and enforced by schools
- **Many states have extended these requirements to related settings**
 - Private pre-school and day-care settings
 - Colleges
 - Home schools



Example of School Vaccination Requirements: New York Education Law Sec. 914

- Effect of this law:
 - Each school must require of every child entering or attending proof of immunization against poliomyelitis, mumps, measles, diphtheria, rubella and varicella.



Requirements for Special Populations: Adult Health-Care Workers

Code of Massachusetts Regulations, Title 105,
Chapter 130.00 (Hospital Licensure)

- “(F) Personnel assigned to maternal and newborn areas shall have:
 - (1) Demonstrated immunity to rubella either via rubella titer or physician-documented rubella vaccine received on or after 12 months of age.
 - (2) Demonstrated immunity to measles (rubeola) either via measles titer, physician-diagnosed disease or physician-documented live measles vaccine received on or after 12 months of age.”



Federal Role in Vaccine Guidelines

- CDC-sponsored Advisory Committee on Immunization Practices (ACIP) develops recommendations for vaccinations
 - States typically consider these recommendations in their decisions about vaccination mandates
 - Recommendations may be incorporated into administrative regulations
 - Private employers and health care providers also rely on these recommendations



Medical Exemptions

- Contraindications to vaccinations
 - Persons with immunocompromised conditions may be at risk for serious complications from live virus vaccines
 - Persons with hypersensitivity to certain vaccine components
- All states allow medical exemptions
 - Generally must be certified by a physician
 - Some states have tried to limit improper physician certifications through actions such as allowing hearings



Constitutional Issues and Vaccination: Religious Exemptions

- Exemptions to vaccination requirements based on religious grounds are not required by the U.S. Constitution
- Constitutional Issues
 - States cannot choose which religions qualify
 - State laws that only allowed exemptions for organized and recognized churches have been held unconstitutional
 - Many states now allow exemptions for both philosophical and religious reasons



Impact of Vaccination Exemptions

- Reduces herd immunity
 - Increases spread of disease within community
 - Increases risk to individuals with medical contraindications to vaccination
- Issue:
 - Some states allow suspension of exemptions during an emergency to allow for faster mass immunizations
 - Should exemptions apply in emergencies (e.g., during a smallpox outbreak)?



Compensation for Vaccine Injuries: History

- Smallpox vaccine was the first effective human vaccine
 - Historically, the vaccine was often contaminated and dangerous
 - The Supreme Court recognized this risk in *Jacobson v. Massachusetts*
- Risks of smallpox vaccination were considered part of life and there was no compensation for injuries



Compensation for Vaccine Injuries: Changing Expectations

- Events contributing to public expectations for compensation for injuries caused by vaccinations
 - The "Cutter Incident"
 - As a result of production errors, some early batches of polio vaccine were contaminated with live virus and caused polio
 - Courts allowed claims for damages in 1960
 - Restatement of Torts 2nd, Sec. 402a (1965)
 - Introduced strict liability for products, including vaccines
 - Swine Flu Act (1976)
 - Vaccine manufacturers sought protection from strict liability claims before they would manufacture the vaccine
 - Allowed government compensation for first time



•Polio - *Gottsdanker v. Cutter Laboratories*, 182 Cal.App.2d 602, 6 Cal.Rptr. 320, 79 A.L.R.2d 290 (Cal.App. 1 Dist. Jul 12, 1960)
(<http://biotech.law.lsu.edu/cases/vaccines/gottsdanker.htm>)

•Swine Flu - *Unthank v. United States*, 732 F.2d 1517 (10th Cir. 1984)
(<http://biotech.law.lsu.edu/cases/vaccines/Unthank.htm>)

•The National Influenza Immunization Program of 1976 (commonly called the "Swine Flu Act"), Pub. L. No. 94-380, . 90 Stat. 1113 (codified at 42 U.S.C. § 247(b) (1976) (repealed 1978)

•The Swine Flu Affair: Decision-Making on a Slippery Disease, Richard E. Neustadt and Harvey V Fineberg, DHEW, 1978
(<http://biotech.law.lsu.edu/cphl/history/books/sw/index.htm>)

Compensation for Vaccine Injuries: National Childhood Vaccine Injury Act

- By 1980s, vaccination litigation claims were driving manufacturers from the market
- National Childhood Vaccine Injury Act of 1986
 - Established National Vaccine Injury Compensation Program (VICP)
 - Provides no-fault, government compensation for injuries associated with routinely administered childhood vaccines
 - Shifts monetary costs of vaccine injuries away from vaccine recipients and manufacturers
 - Specifies compensation process and gives HHS Secretary discretion to revise list of compensable injuries



Issues in Vaccine Compensation and Emergency Preparedness

- Smallpox vaccination campaign of 2002
 - Targeted health care workers and first responders
 - Some people indicated that absence of an injury compensation program affected their decision not to participate
- There are no provisions for compensating adults who are vaccinated during public health emergencies
 - Claims against manufacturers have been limited by new laws
 - Will this affect public participation?
 - What is government's role in providing compensation?



Objective 7.2

Recognize how food regulation and food-borne disease prevention are shared responsibilities of local, state, and federal governments.



The International Food Network

- Where does your food come from?
 - Eggs from a local farm
 - Beef from the Midwest
 - Shrimp from Louisiana
 - Apples from New Zealand
 - Raspberries from Central America
 - Grapes from Chile
 - Fish from Vietnam
- Ensuring safety of the food supply involves local, state, and federal agencies



Federal Authority to Regulate Food Safety

- Domestic food supply
 - Interstate commerce clause
 - National security powers for bioterrorist threats to food
- International food imports
 - Federal government has exclusive authority over international trade
 - Federal government may enter into treaties with other countries over trade



Federal Enforcement Agencies: Agriculture

- U.S. Department of Agriculture (USDA) is a dual role agency:
 - Helps farmers produce and sell more food
 - Has primary role in assuring that food is produced and processed safely
- USDA inspectors work with food processing facilities, including direct oversight of meat packing and enforcement of standards
- USDA plays important role in protecting food supply from plant and animal disease outbreaks



Federal Enforcement Agencies: FDA

- FDA regulates type and amount of drugs used in farm / food animal production
- FDA regulates food labeling
 - Nutritional content
 - Safe handling information (e.g., cooking eggs)
 - Deceptive labeling (as to content or health value)
- FDA regulates food additives and ingredients



Federal Non-enforcement Agency: CDC

- Activities
 - Publishes guidelines and best practices for food sanitation and food-borne illness prevention
 - Provides epidemiologic assistance to states during large or novel outbreaks



State Authority to Regulate Food Safety

- **The Police Powers**
 - Broad powers
 - Allow the state to license, inspect, and close businesses that do not meet the food sanitation codes
- **Limitations**
 - May not conflict with federal laws
 - May not be used as a barrier to interstate commerce by favoring local businesses over out-of-state businesses



State Agencies

- **State and local health departments**
 - Establish food safety standards through regulations
 - Conduct restaurant inspections
 - License local food processors
- **State agriculture departments**
 - Regulate grocery stores in some states
 - Regulate food production



Routine Inspections

- Cornerstone of food safety is routine inspection of businesses involved in producing, shipping, and serving of food
- Federal, state, and local agencies issue licenses and permits to regulated businesses that require:
 - Compliance with applicable regulations as a condition of operation
 - Allow warrantless, surprise inspections during regular business hours
- Businesses that do not comply can be closed



Surveillance for Food-borne Outbreaks

- State and local laws require reporting of potential food-borne illnesses
 - Starting point for investigations
 - Reporting sources: physicians, emergency rooms, laboratories
- Voluntary reporting
 - Persons not required to report an illness may make a voluntary report
 - Individuals may report their own illness



Issue: Overlapping Authority and Jurisdiction

- Federal Jurisdiction and Authority
 - Federal government has not preempted state and local regulation in many areas of food safety
 - Federal government depends on state and local regulation in some areas of food safety (e.g., restaurant inspections)
- State governments cannot act across state lines
- Local governments cannot act outside their jurisdiction



Federal, State, and Local Cooperation

- **Multi-jurisdictional outbreaks**
 - Food-borne outbreaks can involve more than one locality or even several states
 - State and local officials will work together and with federal agencies to assure cooperation
- **Overlapping authority**
 - FDA may regulate food processing in a factory, and may generally inspect without a warrant or consent



Legal Actions to Protect the Public

- Emergency closure orders for suspected businesses
- Halting local and interstate shipments of the affected food
- Barring imports of suspect food
- Seizure of potentially contaminated inventory
- Recall of packaged food
- National consumer warnings



Special Regulatory Issues

- Exemptions from the permitting process
 - Some states exempt non-profit groups such as churches
 - Large family gatherings do not need permits
- Investigation of exempt businesses and individuals
 - No right of warrantless entry and search



Punishment and Compensation

- Administrative actions
 - Fines
 - Quality control requirements
- Lawsuits in tort
 - Private lawsuits for damages
 - Public health inspectors may be called to testify
 - Public health records and laboratory information may be used for evidence
- Criminal prosecution
 - Rarely used, usually for repeat offenders
 - Corporate executives may be held liable



Objective 7.3

Be familiar with the basis for a state's authority to restrict the freedom of an individual to prevent the spread of some communicable diseases.



Communicable Disease Control: Example of Tuberculosis (TB)

- Why TB is a good model for exploring legal issues in communicable disease control:
 - A well-understood disease that still poses risks in the U.S.
 - A serious and potentially fatal disease spread by person-to-person contact
 - Control is through individual restrictions and treatment, rather than vaccination
 - Control sometimes requires use of isolation
 - Provides a useful model for some other non-vaccine preventable diseases, such as SARS
 - Most TB control law is state-level law with considerable variation in legal regimens by state



Legal Issues in TB Control

- Who can the health department screen?
 - Is screening voluntary?
 - What if someone refuses?
- Refusing treatment
 - Can a patient be detained to compel compliance?
 - Can a patient be physically compelled to accept medication?
- Isolation
 - What are the patient's rights?
 - Can patients be isolated indefinitely if they remain contagious?



TB Testing and Screening Issues

- Routine TB Screening
 - Once conducted at population level
 - Now limited to persons at risk, such as:
 - Persons in contact with others sick with TB
 - Health care workers
 - Refugees and other immigrants
- What if someone refuses screening?
 - Potentially infectious workers can be excluded from employment
 - Persons can be required to submit to screening
 - Involuntary screening *generally* requires a court order



Issues Related to Active TB

- **Positive tuberculin skin test**
 - Patients who refuse further testing may be treated as infectious
 - Patients may be required to submit to a chest x-ray or provide a sputum sample
- **Positive chest x-ray or sputum sample**
 - Patients may be isolated until treatment renders them non-contagious
 - Patients may be held if there is a risk of flight or noncompliance



Active (Infectious) TB Cases

Mandatory public health testing does not violate freedom of religion - *Washington v. Armstrong*, 39 Wash. 2d 860, 239 P.2d 545 (Wa. 1952)

<http://biotech.law.lsu.edu/cases/reporting/wa-armstrong.htm>

Issues Related to Treatment

- What if a patient who is infectious, or is presumed infectious, refuses treatment?
 - While court orders for testing are routine, there is limited precedent for physically compelling treatment outside of selected special populations such as prison inmates
 - Most state laws allow for involuntary hold only after less restrictive measures are exhausted
 - Persons may be isolated until they are proven non-contagious
 - Some states require patients to be released when they are non-contagious, even if treatment is not complete



Issues Related to Compliance with Treatment

- It is recommended that all persons with active TB undergo directly observed therapy (DOT)
 - Whether DOT must be used depends on state law
 - Some laws require that all persons undergo DOT to ensure uniform enforcement
- For patients who refuse or do not cooperate with DOT:
 - Isolation may be imposed until they adhere
 - A court may be asked to order adherence



Louisiana Tuberculosis Control Law: LA RS 40:4

(c) Control the spread of tuberculosis by:

...

- (vii)(aa) Requiring the isolation and/or quarantine for directly observed therapy (medication taken in the presence of a health care provider) of any person with tuberculosis in a communicable state who has failed to comply with a daily self-administered course of chemotherapy for tuberculosis prescribed by a Louisiana licensed physician.
- (bb) Requiring a more restrictive isolation and/or quarantine environment specified by the state health officer or by court order for any person who fails to comply with directly observed therapy under isolation and/or quarantine as provided in Subitem (aa) of this Item.



Hearing Requirements for Isolation Orders

- U.S. Constitution allows for “post-deprivation” hearing in emergencies
 - Many states have adopted pre-hearing requirements
 - Persons who are isolated or otherwise held by the state are generally entitled to a hearing after detention
- Right to appointed counsel
 - Some states provide appointed counsel



Habeas Corpus

- The U.S. Constitution gives every detained person the right to a *habeas corpus* hearing
- Habeas corpus requires:
 - The person to be brought before a judge
 - The government to show the legal authority for the detention
 - The government to show the factual basis for the detention
- If state's isolation law does not provide due process, *habeas corpus* may be available if the state's isolation law does not provide adequate due process



Is There A Right to the Least Restrictive Alternative for Isolation?

- “Least restrictive alternative” relates to government’s use of the least restrictive means that will accomplish a legitimate government objective
- Possible examples:
 - Home isolation using electronic monitoring bracelets
 - Isolation in a private hospital with full services rather than a state hospital with limited facilities
- Constitutional requirements
 - Some state laws explicitly require least restrictive alternative



Paying for and Implementing Public Health Restrictions

- TB isolation and treatment is expensive
 - Covered by private health insurance?
 - What if the person is homeless?
 - Usually is an obligation of the jurisdiction that orders the restriction
- Costs may cause smaller health departments to be reluctant in ordering restrictions
- Isolation facilities are limited
 - Large outbreak could overwhelm facilities
 - Home isolation orders are difficult to enforce



Cooperation with Other Institutions

- Hospitals
 - OSHA requires hospitals to follow infection control practices, including patient isolation of persons with infectious TB
 - Hospitals have no legal authority to keep patients in their rooms
 - Health department must order and oversee enforcement of restrictions on hospital patients
- Jails and prisons
 - Jails and prisons can impose restrictions
 - Public health departments may assist in managing and investigating cases
 - Infectious prisoners can spread disease into community when released



Immigration-Related Issues

- TB is common worldwide
 - Refugee camps facilitate spread of TB
 - Immigrants may be infected
- Legal issues
 - Should new immigrants be screened?
 - How are cases investigated in the undocumented immigrant community?
 - What agencies should be involved?



Airline Travel: Multi-Jurisdictional Considerations

- A passenger with active TB poses risk to other passengers
- Airlines are regulated by Federal Aviation Administration
- Airport safety is regulated by the Transportation Safety Administration
- Both agencies may be involved in investigation of airline- and airport-associated transmission
- Notification and screening of exposed passengers may involve the airline, CDC, and state and local health departments



Interstate Disease Investigation and Management

- Persons with infectious TB who travel interstate may be subject to federal isolation
- State departments also can assist each other in tracking disease carriers who leave the state
- Law enforcement may be asked to help find individuals who have left treatment while still infectious
- CDC, through DHS, may prevent persons with infectious TB from boarding commercial flights via a "Do Not Board" order



Conclusion:
Unit 7



Summary: Unit 7

- Vaccination policy depends on a delicate balance between individual rights and the state's power to require vaccination to protect the public's health
- Food sanitation and outbreak investigation is one of the most legally complex public health activities, crossing local, state, and national boundaries
- States have broad powers to investigate communicable diseases and to restrict infected, potentially infected, and exposed individuals who do not cooperate with necessary public health measures



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