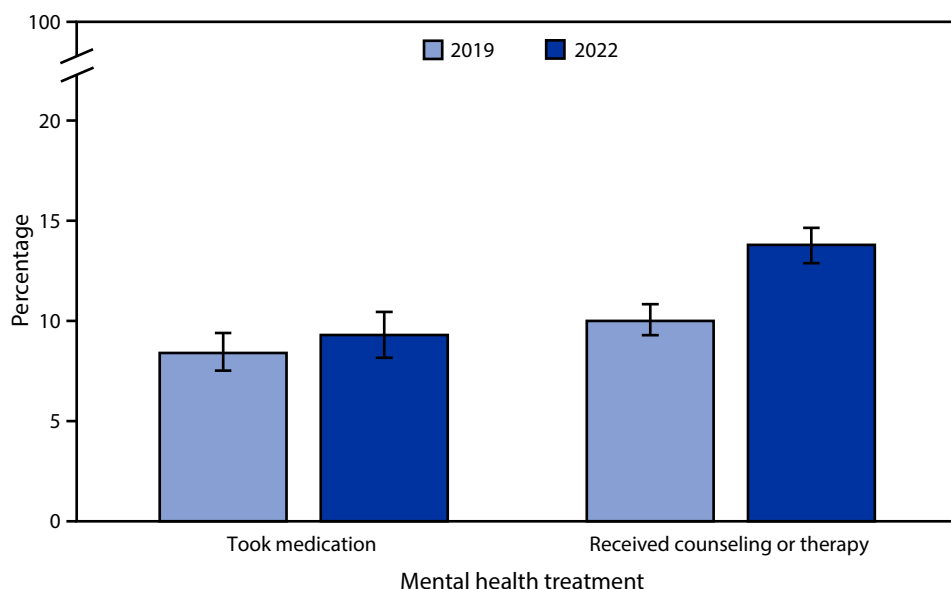


QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

Percentage* of Children and Adolescents Aged 5–17 Years Who Took Medication for Their Mental Health or Received Counseling or Therapy from a Mental Health Professional During the Past 12 Months,[†] by Year — National Health Interview Survey,[§] United States, 2019 and 2022



* With 95% CIs indicated by error bars.

[†] Based on a positive response to one or both of these questions: "During the past 12 months, did [child's name] receive counseling or therapy from a mental health professional, such as a psychiatrist, psychologist, psychiatric nurse, or clinical social worker?" and "During the past 12 months, did [child's name] take any prescription medication to help with [his/her] emotions, concentration, behavior, or mental health?" Children and adolescents could have both taken medication for their mental health and received counseling or therapy.

[§] Estimates are based on household interviews of a sample of the civilian, noninstitutionalized U.S. population.

The percentage of children and adolescents aged 5–17 years who took medication for their mental health during the past 12 months did not change significantly from 2019 (8.4%) to 2022 (9.3%). The percentage of children and adolescents who received counseling or therapy during the past 12 months increased from 10.0% in 2019 to 13.8% in 2022. In both 2019 and 2022, the percentage of children and adolescents who received counseling or therapy was higher than the percentage of those who took medication for their mental health.

Source: National Center for Health Statistics, National Health Interview Survey, 2019 and 2022. <https://www.cdc.gov/nchs/nhis/index.htm>

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