

# STRENGTHS ASSESSMENT FORM

Linkage Coordinator's Copy

Client ID: 2853

LC's Name: Neil Andrews

Date: 6/6/10 Session Number: 5

Is this the first assessment completed for the client, or is it an amendment?

Updated

**1. What strengths, abilities, or skills did the client identify (either directly or indirectly)?**

a. Strengths:

- *Willing to link to medical care*
- *Faithful to husband of eight years*
- *Takes action to protect the health of her unborn child*
- *Attended appointment with medical provider*
- *Willing to continue with doctor's appointments*
- *Open to working with a long-term counselor*

b. Skills:

- *Successfully parents two children*
- *Successfully maintains a household*

c. Abilities

- *Able to make decisions about her health*
- *Able to identify potential solutions to problems (i.e. payment options)*

d. Which items from the Life Domains List, if needed, prompted the client?

*N/A*

**2. What examples did the client give about a time when s/he successfully faced barriers?**

a. What did s/he do to overcome the barriers?

*N/A*

**3. What did the client explicitly say s/he was good at?**

*Myra said she was good at taking care of her children and maintaining the household. She also said she had remained faithful to her husband throughout their marriage.*

**4. What did the client implicitly say s/he was good at? i.e. What did you hear him/her say?**

- a. Did the client agree with what you heard as something s/he is good at once you repeated it back?

*Myra discussed her dedication to protecting the health of her unborn child, to the best of her ability. She link to medical care, and is willing to continue with her doctor's appointments and consider working with a long-term counselor. She is also able to make decisions about her health and identify potential solutions to problems. Myra agreed with these, once they were repeated back to her.*

**5. What example(s) did the client give about a time/experience when s/he felt like most things were going well in his/her life? What was s/he doing to make them go well?**

*Myra talked about her early twenties, when she felt independent and in control of her life. She was working, and able to spend her money as she chose without answering to others. She had a good group of friends with whom she spent a lot of time, and could talk to about her problems. Myra felt she was able to take charge and dictate her happiness during this time.*

# STRENGTHS ASSESSMENT FORM

Client's Copy

Date: 6/6/10

Session Number: 5

New Assessment or Updated Assessment? (Underline one)

## 1. My strengths, abilities, or skill identified:

### a. Strengths:

- *Willing to link to medical care*
- *Faithful to husband of eight years*
- *Takes action to protect the health of her unborn child*
- *Attended appointment with medical provider*
- *Willing to continue with doctor's appointments*
- *Open to working with a long-term counselor*

### b. Skills:

- *Successfully parents two children*
- *Successfully maintains a household*

### c. Abilities:

- *Able to make decisions about her health*
- *Able to identify potential solutions to problems (i.e. payment options)*

### d. Items from the Life Domains List:

N/A

## 2. Examples I gave about a time(s) that I successfully faced barrier(s) in my life:

### a. Examples of barrier(s):

### b. Things I did to overcome the barrier(s):

N/A

## 3. Things I'm good at:

*I'm good at taking care of my children and maintaining the household. I remained faithful to my husband throughout our marriage. I want to make sure my unborn child is healthy, to the best of my ability. I linked to medical care, and am willing to continue with my doctor's appointments about my health and identify potential solutions to problems.*

## 4. Example(s) of when I felt like most things in my life were going well:

**a.** Things I did to make them go well:

*In my early twenties, I felt independent and in control of my life. I was working and able to spend my money as I chose without answering to others. I had a good group of friends with whom I spent a lot of time, and could talk to about my problems. I felt I was able to take charge and dictate my happiness during this time.*