

STRENGTHS ASSESSMENT FORM

Linkage Coordinator's Copy

Client ID: 3785

LC's Name: Chase Jones

Date: 8/27/10 Session Number: 5

Is this the first assessment completed for the client, or is it an amendment?

Updated

1. What strengths, abilities, or skills did the client identify (either directly or indirectly)?

a. Strengths:

- *In recovery from previous drug use*
- *Takes action to support sobriety (began taking medication)*
- *Faithful to partner of over a year*
- *Strong desire to continue working with a counselor*
- *Desire to seek treatment for drug use*
- *Cares about family*

b. Skills:

- *Currently works one full-time and one part-time job*

c. Abilities

- *Able to multi-task with competing responsibilities*
- *Able to make decisions about his health*

d. Which items from the Life Domains List, if needed, prompted the client?

N/A

2. What examples did the client give about a time when s/he successfully faced barriers?

a. What did s/he do to overcome the barriers?

Darryl discussed his entry into drug treatment, for his previous drug use. He did not want to deal with his addiction, but his family approached him and expressed their concern about his drug use. He entered treatment with their help and support, and says that this is one thing that really pushed him to do follow through – his desire not to have his family worrying about him. He successfully completed treatment and was successful in his recovery for almost three years when he received his HIV diagnosis.

3. What did the client explicitly say s/he was good at?

Darryl said he was good at his work, and takes pride in being able to handle responsibilities of his two jobs.

4. What did the client implicitly say s/he was good at? i.e. What did you hear him/her say?

- a. Did the client agree with what you heard as something s/he is good at once you repeated it back?

Darryl agreed that one strength is his recovery from his previous drug use. He also agreed with the other implicit strengths, including being faithful to his partner, and his desire to continue working with a counselor.

5. What example(s) did the client give about a time/experience when s/he felt like most things were going well in his/her life? What was s/he doing to make them go well?

Darryl talked about his life just after he graduated from college. He was working hard and successfully holding down a job. He saw his family regularly and was able to provide them with some of his paycheck to help out with their expenses. He had an active social life and a core group of close friends, who had not gotten involved in drugs.

STRENGTHS ASSESSMENT FORM

Client's Copy

Date: 8/27/10

Session Number: 5

New Assessment or Updated Assessment? (Underline one)

1. My strengths, abilities, or skill identified:

a. Strengths:

- *In recovery from intravenous drug use*
- *Takes action to support sobriety (began taking medication)*
- *Faithful to partner of over a year*
- *Strong desire to continue working with a counselor*
- *Desire to seek treatment for drug use*
- *Cares about family*

b. Skills:

- *Currently working one full-time and one part-time job*

c. Abilities:

- *Able to multi-task with competing responsibilities*
- *Able to make decisions about health*

d. Items from the Life Domains List:

N/A

2. Examples I gave about a time(s) that I successfully faced barrier(s) in my life:

a. Examples of barrier(s):

b. Things I did to overcome the barrier(s):

I talked about when I went into drug treatment. I didn't want to deal with my addiction, but my family came to me and expressed their concern about my drug use. I entered treatment with their help and support, which is the thing that really pushed me to follow through – I didn't want my family worrying about me. I successfully completed treatment and was successful in my recovery for almost here years when I received my HIV diagnosis.

3. Things I'm good at:

I'm good at my work. I can handle the responsibilities of my two jobs. I was able to recover from my intravenous drug use. I've been faithful to my partner. I want to continue working with a counselor.

4. Example(s) of when I felt like most things in my life were going well:

a. Things I did to make them go well:

When I graduated from college, I was working hard and successfully holding down a job. I saw my family regularly and was able to provide them with some of my paycheck to help out with their expenses, which felt good. I had an active social life and a core group of close friends, who hadn't gotten involved in drugs.