

## Introduction to the Modules

Title: Chapter 3; School Health Index Modules. Introduction to the Modules. Report covers of 2017 School Health Index and WSCC image showing the 10 WSCC components; sample pages of SHI Module 1: School Health and Safety Policies and Environment. Image of Active Child icon.

### Video Summary

- Habits and practices related to health and safety are influenced by the entire school environment.
- The first step to being able to complete the School Health Index is to understand the modules.
- The School Health Index has instructions that will help guide you through completing each module.

### Audio Script

Habits and practices related to health and safety are influenced by the entire school environment. The School Health Index is composed of 11 modules that are structured around CDC's and ASCD's Whole School, Whole Community, Whole Child model. The WSCC model emphasizes a school-wide approach to student health.

The modules are:

- School Health and Safety Policies and Environment;
- Health Education;
- Physical Education and Physical Activity Programs;
- Nutrition Environment and Services;
- School Health Services;
- School Counseling, Psychological, and Social Services;
- Social and Emotional Climate;
- Physical Environment;
- Employee Wellness and Health Promotion;
- Family Engagement; and
- Community Involvement.

The first step to completing the School Health Index is to understand the modules. This course will provide an overview of the modules and exercises to complete an example module.

The School Health Index also has instructions that will help guide you through completing each module to assess how well your school is meeting the opportunities available in that area.