

## Course Objectives

Title: Chapter 1. Introduction; Course Objectives. Report covers of 2017 School Health Index.

### Video Summary

- Become familiar with the school health topics covered in the School Health Index modules.
- Become familiar with the steps for implementing the School Health Index.
- Become familiar with the School Health Index process of conducting an assessment and developing an improvement plan.

### Audio Script

The purpose of this training is to introduce you to CDC's School Health Index: A Self-Assessment and Planning Guide. After this training, you will be ready to conduct or participate in a self-assessment and create a plan to improve the health of students in your school or district.

The course objectives are for you to become familiar with the:

- School health topics covered in the School Health Index modules;
- Steps for implementing the School Health Index; and
- School Health Index process of conducting an assessment and developing an improvement plan.