

Next Steps

Audio Descriptive Text

Title: Chapter 4. Conclusion: Next Steps. Active Child icon. Screenshot of HECAT Web page at www.CDC.gov/healthyyouth/hecat. Screenshots of Web pages including the National Health Education Standards and Characteristics of an Effective Health Education Curriculum. Cover and pages from HECAT document print version. Active Child icon. Navigation instructions on screenshot of course home page. Screenshot of Certificate of Completion. Image of Training Tools for Healthy Schools logo.

Video Summary

- Visit the CDC's HECAT homepage to learn more about the HECAT: <https://www.cdc.gov/healthyyouth/hecat/>.
- Review the *National Health Education Standards* and the characteristics of an effective health education curriculum.
- Download a print version of the HECAT for your next curriculum review, found in the Resources section.

Audio Script

You have learned how the HECAT can be used to review and select a health education curriculum. You have heard how the HECAT can be used to update and improve your health education scope and sequence, inform health education assessment, and even help you select health education resource materials. It also provides essential content that will help health teachers improve their health instruction.

To learn more about the HECAT, visit the CDC's HECAT homepage at CDC.gov/healthyyouth/hecat. You can also dive deeper into the *National Health Education Standards* and the characteristics of an effective health education curriculum.

Download a print version of the HECAT for your next curriculum review. It can be found in the Resources section of this training.

Read the entire HECAT to become familiar with its contents, beginning with the Overview and Chapter 1, General Instructions. This will help you determine how the HECAT can meet your curriculum analysis, development, or selection needs. Chapter 1 provides essential background information and instructions for conducting a health education curriculum review.

Read the remaining chapters to review the curriculum, and complete the forms for your analysis using the HECAT.

This training can be used as a reference as you begin your HECAT implementation.

Thank you for participating in *the Health Education Curriculum Analysis Tool* course.

Finally, you can print a Certificate of Completion by clicking on the certificate link also in the Go Further section.

We hope you have learned more about the *Health Education Curriculum Analysis Tool* by participating in this course, part of the "Training Tools for Healthy Schools" e-Learning series.