

Next Steps

Audio Descriptive Text

Title: Chapter 5. Conclusion; Next Steps. Report cover: Comprehensive School Physical Activity Programs: A Guide for Schools. Image of CDC logo. Graphic of multi-component approach showing 60 minutes encompassing Staff Involvement, Physical Activity During School, Physical Education, Physical Activity Before and After School, and Family and Community Engagement, with emphasis on Physical Activity. Image of Certificate of Completion. Image of TTHS star logo.

Video Summary

- CDC offers resources to help you develop, implement, and evaluate a Comprehensive School Physical Activity Program.
- Developing a successful Comprehensive School Physical Activity Program requires a coordinated, synergistic approach to school physical activity by all stakeholders.

Audio Script

CDC has a host of free tools and resources to support development, implementation, and evaluation of a Comprehensive School Physical Activity Program that can be found at www.cdc.gov/healthyschools, including the guide that will take you through the components and steps.

Developing a successful Comprehensive School Physical Activity Program must be a coordinated, synergistic approach to school physical activity by a team of stakeholders. This team has the ability to make a true impact on the well-being of students and set them on the right path for making healthy decisions in the future.

Thank you for participating in the *Comprehensive School Physical Activity Programs: A Guide for Schools* course.

Finally, you can print a Certificate of Completion.

We hope you've enjoyed participating in the *Comprehensive School Physical Activity Programs: A Guide for Schools* course in the Training Tools for Healthy Schools e-learning series.