

Component 4: Staff Involvement

Audio Descriptive Text

Title: Chapter 3. Comprehensive School Physical Activity Programs; Component 4: Staff Involvement. Graphic of multi-component approach showing 60 minutes encompassing Staff Involvement, Physical Activity During School, Physical Education, Physical Activity Before and After School, and Family and Community Engagement, with emphasis on Physical Activity. Highlight Staff Involvement. Active Child icon.

Video Summary

- Staff involvement reinforces the importance of student health.
- When school staff commit to good health practices, they can be positive role models for students.

Audio Script

Staff involvement in a Comprehensive School Physical Activity Program reinforces the importance of student health.

When school staff commit to good health practices, such as in an Employee Wellness Program, they can be positive role models for students and may show increased support for student participation in physical activity.