

You Can Help Students Access the Health Services They Need

No matter your role, whether you are a teacher, counselor, nurse, administrative assistant, principal, or other role, you can help students access the health services they need.



- ✓ **TAKE STEPS** to be a trusted adult – someone who students are willing to open up to about their concerns.
- ✓ **KNOW** who the go-to people are in your building that can help students identify and access needed providers.
- ✓ **LEARN** what your state allows and prohibits when it comes to referring students to sexual health services.
- ✓ **ENCOURAGE** students to first talk to their parents, caregivers, or other trusted adults about these issues.
- ✓ **DEVELOP** or know who in your building has a vetted list of health care providers and resources where students can access confidential health services in your community (e.g., suicide prevention, substance use prevention, sexual health services, STD testing, and treatment).
- ✓ **PROMOTE** or encourage the promotion of youth-friendly health services in a variety of formats (e.g., posters, presentations, social media) and places students will notice (e.g., bathroom stalls, highly visible areas).

Source: Adolescent Health Initiative, 2017

For more information and resources visit:

www.cdc.gov/healthyouth

